

Complexion Perfecting Treatment

This treatment is an excellent choice for all Fitzpatrick skin types in need of overall skin brightening and rejuvenation.

cleanse

1. **Facial Wash Oily/Problem** (pHaze 1) — Cleanse the area of treatment thoroughly. Rinse and pat dry.

prep/degrease

2. **Nutrient Toner** (pHaze 5) — Apply with a cotton pad to prep (degrease) the skin. Allow the skin to dry. This product may sting or tingle on some individuals. Assess sensitivity by asking the patient, “On a scale of one to ten, ten being extremely active, how do you rate this sensation (or feeling)?”

treat

3. **Clarify: Therapeutic Salicylic Acid Mask** — Apply a quarter-sized amount to the area of treatment using a fan brush. Allow the Mask to stay on skin for up to 10 minutes depending on patient sensitivity. Remove all traces of the Mask thoroughly with cotton squares moistened with water.
4. **Detoxifier** (Step 2 from the **Oxygenating Trio**[®]) — Massage a small amount into the skin in a circular motion for approximately two minutes. Remove any obvious excess by gently blotting with a tissue or with **Nutrient Toner** (pHaze 5) on a cotton pad.

correct

5. **Rejuvenating Serum** (pHaze 24) — Apply a thin layer to help fight against free radical damage, soothe the skin and improve barrier function.
6. **Hydrating Serum** (pHaze 43) — Apply a dime-sized amount to the area of treatment to encourage ceramide, essential fatty acid (EFA) and moisture retention, improving the overall function of the skin’s natural moisturizing factor (NMF).
7. **EyeXcellence** (pHaze 12) — Gently apply a pea-sized amount around the delicate eye area to reduce dark circles and puffiness, while stimulating collagen production to reduce fine lines and wrinkles.

hydrate & protect

8. **ReBalance** (pHaze 17) and **Perfecting Protection Broad Spectrum SPF 30** — Apply this combination to calm, hydrate and protect the skin from UVA and UVB exposure. An alternate PCA SKIN[®] broad spectrum SPF product may be used to increase customization: **Weightless Protection Broad Spectrum SPF 45** for oily, acneic skin; **Protecting Hydrator Broad Spectrum SPF 30** for normal to oily skin; or **Hydrator Plus Broad Spectrum SPF 30** for normal to dry skin.

Pumpkin Enzyme Rejuvenation

This treatment will reduce fine lines and wrinkles, and deliver a brighter and clearer complexion for Fitzpatrick skin types I-IV.

cleanse

1. **Facial Wash Oily/Problem** (pHaze 1) — Cleanse the area of treatment thoroughly. Rinse and pat dry.

prep/degrease

2. **Smoothing Toner** (pHaze 2) — Apply with a cotton pad to prep. Allow the skin to dry. This product may sting or tingle on some individuals. Assess sensitivity by asking the patient, “On a scale of one to ten, ten being extremely active, how do you rate this sensation (or feeling)?”

treat

3. **Retexturize: Therapeutic Pumpkin Mask** — Apply a quarter-sized amount to the area of treatment using a fan brush. Use the scale of 1 to 10 to gauge sensitivity. Fan the skin to keep the patient cool. Allow the mask to remain on the skin for 30 seconds to 2 minutes. Remove completely with cotton squares moistened with warm water.

Warning: This mask is not self-neutralizing. Remove all traces of the mask thoroughly with cotton squares moistened with water.

4. **Nutrient Toner** (pHaze 5) — Apply with a cotton square. Allow the skin to dry.
5. **Sensi Peel**® diluted with **Nutrient Toner** (pHaze 5) — Apply **Sensi Peel**® to a cotton pad followed by approximately 1 tsp. of **Nutrient Toner** (pHaze 5). Apply one layer with a cotton pad. Fan the skin and allow to dry.

correct

6. **ExLinea**® **Peptide Smoothing Serum** (pHaze 25) — Apply to areas of wrinkling and laxity.
7. **Hydrating Serum** (pHaze 43) — Apply a dime-sized amount to the area of treatment to encourage ceramide, essential fatty acid (EFA) and moisture retention, improving the overall function of the skin’s natural moisturizing factor (NMF).
8. **Rejuvenating Serum** (pHaze 24) and **Intensive Age Refining Treatment: 0.5% pure retinol night** — Apply this mixture to help fight free radical damage, increase cellular hydration and strengthen the skin.

retinoid booster (optional)

9. **Esthetique Peel** — Apply one pump for increased exfoliation, bacteria control and added melanogenesis inhibition. Gently spread the product over the area of treatment, keeping the application even and thin.

hydrate & protect

10. **ReBalance** (pHaze 17) and **Perfecting Protection Broad Spectrum SPF 30** — Apply this combination to calm, hydrate and protect the skin from UVA and UVB exposure. An alternate PCA SKIN® broad spectrum SPF product can be used to increase customization: **Weightless Protection Broad Spectrum SPF 45** for oily, acneic skin; **Protecting Hydrator Broad Spectrum SPF 30** for normal to oily skin; or **Hydrator Plus Broad Spectrum SPF 30** for normal to dry skin.

Enhanced Age Defying Hand and Arm Treatment

This protocol for hands and arms may be performed every three weeks to fight free radical damage, hydrate skin and lift hyperpigmentation.

cleanse

1. **Facial Wash Oily/Problem** (pHaze 1) — Cleanse the area of treatment thoroughly. Rinse and pat dry.

prep/degrease

2. **Smoothing Toner** (pHaze 2) — Apply with a cotton pad to prep. Allow the skin to dry. This product may sting or tingle on some individuals. Assess sensitivity by asking the patient, “On a scale of one to ten, ten being extremely active, how do you rate this sensation (or feeling)?”

treat

3. **Purifying Mask** (pHaze 9) and **Facial Wash** (pHaze 1) — Blend in your hands and gently massage for two minutes, leaving on the skin up to 10 minutes. Remove mask with cotton squares moistened with warm (not hot) water, or warm towels.
4. **Nutrient Toner** (pHaze 5) — Apply with a cotton pad to infuse the skin with antioxidants and vitamins.
5. **Sensi Peel**[®] diluted with **Nutrient Toner** (pHaze 5) — Apply one layer evenly with a cotton square.

correct

6. **C-Quench**[®] **Antioxidant Serum** (pHaze 30) — Apply enough product to cover the treatment area to hydrate, assist with lifting hyperpigmentation and provide antioxidant protection.
7. **Brightening Therapy with TrueTone** — Apply enough product to cover the treatment area for accelerated brightening benefits.
8. **Hydrating Serum** (pHaze 43) — Apply enough product to cover the treatment area to provide hydration, both to the skin cells and to the surface of the skin.

treat

9. **Ultra Peel**[®] **II** — Apply with gloved hands and massage gently into the treatment area to provide hydration, lift hyperpigmentation and increase cell turnover.

Note: Be careful to apply this step only to the outer area of the hands, not the inside, as this can make the hands slippery.

hydrate & protect

10. **ReBalance** (pHaze 17) — Blend with appropriate PCA SKIN[®] broad spectrum SPF product to soothe the skin and protect from UV damage.

Note: Be sure the patient applies a broad spectrum SPF product to the hands and arms daily to protect from UV exposure, which is a proven cause of hyperpigmentation and increased visible aging of the hands and arms.

Hydration and Detoxification Treatment

All Fitzpatrick skin types and sensitivity levels will benefit from the fine line reduction, hydration and purification experience of this treatment. No visible exfoliation should be expected.

cleanse

1. **Facial Wash Oily/Problem** (pHaze 1) — Cleanse the area of treatment thoroughly. Rinse and pat dry.

prep/degrease

2. **Smoothing Toner** (pHaze 2) — Apply to gently prep (degrease) the skin. This product may sting or tingle on some individuals. Assess sensitivity by asking the patient, “On a scale of one to ten, ten being extremely active, how do you rate this sensation (or feeling)?”

treat

3. **Hydrate: Therapeutic Oat Milk Mask** — Apply a quarter-sized amount to the area of treatment using a fan brush. For best results, massage the mask into the skin with gloved hands. Use the scale of 1 to 10 to gauge sensitivity. Fan the skin to keep the patient cool. Allow the mask to remain on the skin for up to 10 minutes. Remove completely with cotton squares moistened with warm water.
4. **Activator** (Step 1 from the **Oxygenating Trio**[®]) — Pour a dime-sized amount into a small peel dish. Apply generously with a brush over the entire area of treatment. Allow to penetrate and dry thoroughly. The patient will feel internal warming as the oxygenation process is being stimulated.
5. **Detoxifier** (Step 2 from the **Oxygenating Trio**[®]) — Massage a small amount into the skin with your fingers in a circular motion for approximately two minutes. Take your time with this process as this step drives **Activator** (Step 1) into the skin and promotes circulation. Remove any obvious excess by gently blotting with a tissue or with **Nutrient Toner** (pHaze 5) on a cotton pad.

correct

6. **ExLinea**[®] **Peptide Smoothing Serum** (pHaze 25) — Apply to areas of laxity and wrinkling.
7. **C-Quench**[®] **Antioxidant Serum** (pHaze 15+) — Apply a dime-sized amount for additional strengthening and hydrating benefits.
8. **Hydrating Serum** (pHaze 43) — Apply a dime-sized amount to the area of treatment to encourage ceramide, essential fatty acid (EFA) and moisture retention, improving the overall function of the skin’s natural moisturizing factor (NMF).
9. **Oxygenator** (Step 3 from the **Oxygenating Trio**[®]) — Massage a small amount into the skin with your fingers in a circular motion over the entire area of treatment. A little of this product goes a long way, so do not overuse. Avoid contact with the eyebrows and hair due to possibility of bleaching. Coverage should be thin, even and thorough.

retinoid booster (optional)

10. **Esthetique Peel** — Apply one pump for increased exfoliation, bacteria control and added melanogenesis inhibition. Gently spread the product over the area of treatment, keeping the application even and thin.

hydrate and protect

11. **ReBalance** (pHaze 17) and **Perfecting Protection Broad Spectrum SPF 30** — Complete the treatment with this combination to calm, hydrate and protect the skin from UVA and UVB exposure. An alternate PCA SKIN[®] broad spectrum SPF product may be used to increase customization: **Weightless Protection Broad Spectrum SPF 45** for oily, acneic skin; **Protecting Hydrator Broad Spectrum SPF 30** for normal to oily skin; or **Hydrator Plus Broad Spectrum SPF 30** for normal to dry skin.